



Barnstable Recreation Pickleball Events: May – June 2025

Barnstable Recreation pickleball lessons are taught by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's experienced and caring Coaching Team offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the 2025 season and look forward to sharing what they know about a sport they love with great people!

1. Clinics:

1. **Skills Clinics for Intermediate and Advanced Students:** you are going to love these focused 90-minute clinics because the focus is clear and concise, leading to permanent change in your game! The coach/student ratio is set to provide personal and immediate feedback.
 - a. "The Dreaded Pop-Up: How to Avoid It" May 12th: [Click Here](#)
 - b. "Fast Hands!" June 9th: [Click Here](#)
2. **3-Hour Boot Camps:** NEW on 6/2! For players serious about improving! How it works: complete a multi-faceted individual assessment on two or three skills while being videoed, receive coaching points through video review, improve each skill with focused exercises and application games. Wrap up with a final assessment to measure improvement. [Click Here](#)
3. **Novice Clinic in June:** Two 90-minute sessions 6/5 and 6/12 perfect for players who recently learned to play or are coming back to the game and looking to expand on skills and strategies! [Click Here](#)
4. **Beginner Clinics, 2.5 Hour Session offered on both 5/5 and 5/14 in the evening:** learn to play pickleball in 2.5 hours (one and done)! Perfect for those interested in an evening lesson. Quickly see why pickleball is the fastest growing sport in America 4 years running! [Click Here for 5/5](#) and [Click Here for 5/14](#)
5. **Beginner Clinic, Two 90-Minute Sessions 6/5 and 6/12:** learn to play pickleball in two 90-minute sessions late afternoon. Quickly see why pickleball is the fastest growing sport in America 3 years running! [Click Here](#)

2. Small Groups in May and June:

1. **"Play with the Coaches":** this is a fun hour! On the spot coaching through game play! Lots of long rallies and play breakdown. Leave with your top priorities. [Click for 5/12](#) [Click for 6/2](#) [Click for 6/9](#)
 2. **"Two and a Coach":** Are you interested in more personalized coaching with a friend or family member? This is the small group for you! Sign up as one slot for this one-hour lesson. [Click Here – See Top of Page](#)
 3. **Private Lessons, One-to-One:** New lesson format for Barnstable! Drop shots, serve consistency, footwork, mindfulness, soft hands, effective return of serve, overheads, lobs, etc....you name it, the coach will be there for you in this one-hour lesson! [Click for 5/8](#) [Click for 6/11](#) [Click for 6/12](#)
3. **Introducing: Minor League Pickleball!!:** It's all the rage! Minor League Pickleball is a fun and competitive team event! Sign up individually; participants will be organized by skill level and put into teams of 4. Teams will go head-to-head against each other in varying doubles matchups. This Minor League event will be a great way to get to know people and improve your game! [Click here for more information and registration](#)

You may direct questions via email to: laurau@straightuppb.com.